

San Luis Obispo Sheriff's Office – Presenter # 2440
Baton/Impact Weapons Update – Course #21605
Expanded Course Outline

STATEMENT OF PURPOSE:

This course is designed to provide recurring training on multiple department authorized impact weapons deployed by deputies. The course will address the legislative changes associated with Assembly Bill 392, Senate Bill 230, and Penal Code Section 835a. The training course will cover use of force considerations, policy issues, legal issues, and deployment / use of department authorized impact weapons. The course will contain instruction by POST Certified Impact Weapon instructors and will include hands-on exercises for in-service deputies.

COURSE OBJECTIVES:

The student will:

1. Demonstrate knowledge of the Sheriff's Office Use of Force Policy.
2. Demonstrate familiarity with Lexipol Policy 308.5 and Operation Directive U1-3(A)(15)(d)-(e), which covers Baton and other impact weapons authorized for duty use by deputies.
3. Discuss Assembly Bill 392, Senate Bill 230, and Penal Code Section 835a as they pertain to use of force, specifically impact weapon deployment.
4. Identify proper target locations for striking with an impact weapon.
5. Identify areas to avoid striking with an impact weapon.
6. Demonstrate proper deployment and use of impact weapons.

Instructors will observe students during the performance of each technique and exercise to evaluate each student's proficiency and ensure they achieve minimum standards of performance. If a student fails to meet the minimum standards, *appropriate* remedial training will be provided until the minimum standards are met.

BATON/IMPACT WEAPON

- I. Course Introduction / Orientation
 - A. Registration
 - i. Students will sign-in on a department class roster to receive POST Credit for attendance.
 - B. Introduction
 - i. Instructors will introduce themselves.
 - C. Course Outline and Objectives

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- i. Instructors will provide an overview of the course schedule and outline.
 - ii. Instructors will cover the course objectives.
 - D. Safety Orientation
 - i. Identify restrooms, safety hazards, IOD protocol for specific training location.

 - II. Use of Force/Lethal Force Policies
 - A. Deputies will review a Use of Force and Department Policy Update in the form of a PowerPoint presentation prior to attending this course. The PowerPoint presentation will cover, including but not limited to, the following:
 - i. Department Policy and Deadly Force Policy
 - 1. Lexipol Section 300 – Use of Force
 - 2. Lexipol Section 308.5 – Baton Guidelines
 - 3. Operation Directive U1-3(A)(15)(d)-(e)
 - ii. AB 392
 - 1. PC 835a
 - 2. PC 196
 - iii. Relevant Case Law
 - 1. Tennessee vs. Garner
 - a. Deadly force
 - b. Fleeing felon
 - 2. Graham vs. Conner
 - a. Reasonable force
 - B. At the beginning of the course, a review of the presentation will be conducted.
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- III. Instructor Led Group Stretch
 - A. Neck Roll
 - B. Head to shoulder, both sides
 - C. Shoulder rolls
 - D. Arm circles, forwards and backwards
 - E. Arm across chest, both sides
 - F. Four positions wrist stretch, each side
 - G. Knee circles

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- H. Toe touchers, each side

- IV. Target Locations
 - A. Target locations
 - i. Upper body target locations
 - 1. Arms, side (ribcage), midsection, chest
 - ii. Lower body target locations
 - 1. Lower legs
 - B. Areas to avoid
 - i. Head, neck, throat, spine, heart, kidney, groin, knee

- V. Movement
 - A. Once baton is deployed and suspect is engaged, movement should be “shuffle steps” to maintain stability and solid base.
 - i. Lead foot steps in the direction of the movement, trailing foot “shuffles” to original fighting stance position.
 - B. Forward, backward, side to side, oblique angle

- VI. Expandable Baton
 - A. Peacekeeper RCB Baton
 - B. Nomenclature
 - i. Handle, shaft, butt, tip
 - C. Expanding the Expandable Baton
 - i. Remove baton from holder, vigorously drive baton downwards, expanding end pointed towards the ground, allowing gravity to drive the shafts pieces out of the handle, causing them to lock into place.
 - D. Carry Positions
 - i. Upper Cradle
 - 1. Stance / Grip
 - a. Fighting stance with support side foot forward, primary side foot back.
 - b. Feet shoulder width apart with primary side heel even with heel or instep of support side foot.
 - c. Baton is held with support side hand on the handle near butt, primary side hand holds at handle near the

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- junction with the shaft, and the shaft is resting on the primary side forearm.
2. Strike from the Upper Cradle
 - a. Step out with support side foot to open hips, rotate hips, establish firm, two handed grip on the baton.
 - b. Strike approved target location.
 - c. Do not swing baton through target.
 - d. Strike target and return to the ready position, reassess, strike again if necessary.
 3. Practical Exercise
 - a. Instructor will demonstrate proper striking technique.
 - b. Students will demonstrate proper striking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
 4. Blocks from Upper Cradle
 - a. Overhead attack, primary side swinging attack, support side swinging attack, punches, kicks.
 - i. With swinging attack, it is essential to keep the arm down on the side the attack is coming from.
 - b. After block, follow through with strike if appropriate.
 - c. Return to the ready position and reassess.
 5. Practical Exercise
 - a. Instructor will demonstrate proper technique for each block.
 - b. Students will demonstrate proper blocking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
- ii. Lower Cradle
1. Stance / Grip
 - a. Fighting stance with support side foot forward, primary side foot back

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- b. Feet shoulder width apart with primary side heel even with heel of support side foot
 - c. Baton is held with support side hand on the handle near butt, primary side hand holds the handle near the junction with the shaft, and the shaft is resting beneath the primary side forearm.
- 2. Strike from the Lower Cradle
 - a. Baton shaft is repositioned from under primary side forearm to the upper cradle position as student steps out with support side foot to open hips, rotate hips, establish firm, two handed grip on baton.
 - b. Strike approved target location.
 - c. Do not swing baton through target.
 - d. Strike target and return to the ready position, reassess, strike again if necessary.
- 3. Practical Exercise
 - a. Instructor will demonstrate proper striking technique.
 - b. Students will demonstrate proper striking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
- 4. Blocks from Lower Cradle
 - a. Overhead attack, primary side swinging attack, support side swinging attack, punches, kicks.
 - i. With swinging attack, it is essential to keep the arm down on the side the attack is coming from.
 - b. After block, follow through with strike if appropriate.
 - c. Return to the ready position and assess.
- 5. Practical Exercise
 - a. Instructor will demonstrate proper technique for each block.
 - b. Students will demonstrate proper blocking technique at the direction of the instructor “by the numbers.”

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- c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
- iii. Low Defense
 - 1. Stance / Grip
 - a. Fighting stance with support side foot forward, primary side foot back.
 - b. Feet shoulder width apart with primary side heel even with heel of support side foot.
 - c. Baton is held with primary side hand on the grommet with palm facing inboard, support side hand holds the shaft near the tip with palm facing outboard, and both arms extended, allowing baton to rest along thighs.
 - 2. Strike from Low Defense
 - a. Baton is brought up towards upper cradle position as support side hand repositions to a two-hand grip.
 - b. Strike approved target location.
 - c. Do not swing baton through target.
 - d. Strike target and return to the ready position, reassess, strike again if necessary.
 - 3. Practical Exercise
 - a. Instructor will demonstrate proper striking technique.
 - b. Students will demonstrate proper striking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
 - 4. Blocks from Low Defense
 - a. Overhead attack, primary side swinging attack, support side swinging attack, punches, kicks.
 - b. After block, follow through with strike if appropriate.
 - c. Return to the ready position and reassess.
 - 5. Practical Exercise
 - a. Instructor will demonstrate proper technique for each block.

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- b. Students will demonstrate proper blocking technique at the direction of the instructor “by the numbers.”
- c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.

6. Practical Exercise / Overview

- a. Utilizing the expandable baton and a striking bag, students will demonstrate proper technique at the direction of the instructor.
- b. This practical exercise will progress through the different carry positions, including strikes, blocks and counter strikes at the direction of the instructor.
- c. Students will be evaluated on their performance in several areas including, proper form, maintaining balance, proper footwork, etc.
- d. Conduct remediation as necessary.

VII. Straight Baton

A. Nomenclature

i. Long shaft, short shaft, grommet, butt, tip

1. Grommet positioning

- a. Grommet should be positioned at a location on the baton that is comfortable for the user.
- b. Baton should be balanced when held in a one-handed grip.
- c. Generally speaking, the ideal grommet location is about two hand widths from butt of baton or approximately 7.5 inches from the butt of the baton.
- d. Wide end of the grommet should be towards the butt.

B. Carry Positions

i. Upper Cradle

1. Stance / Grip

- a. Fighting stance with support side foot forward, primary side foot back.
- b. Feet shoulder width apart with primary side heel even with heel of support side foot.

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- c. Baton is held with primary side hand on the short shaft at the grommet, support side hand holds the short shaft near the butt, and the long shaft is resting on the primary side forearm.
 - 2. Strike from the Upper Cradle
 - a. Step out with support side foot to open hips, rotate hips, establish firm, two handed grip on the baton.
 - b. Strike approved target location.
 - c. Do not swing baton through target; strike target and return to the ready position, reassess, strike again if necessary.
 - 3. Practical Exercise
 - a. Instructor will demonstrate proper striking technique.
 - b. Students will demonstrate proper striking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
 - 4. Blocks from Upper Cradle
 - a. Overhead attack, primary side swinging attack, support side swinging attack, punches, kicks.
 - b. After block, follow through with strike if appropriate.
 - c. Return to the ready position and reassess.
 - 5. Practical Exercise
 - a. Instructor will demonstrate proper technique for each block.
 - b. Students will demonstrate proper blocking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
- ii. Lower Cradle
 - 1. Stance / Grip
 - a. Fighting stance with support side foot forward, primary side foot back.

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- b. Feet shoulder width apart with primary side heel even with heel of support side foot.
 - c. Baton is held with primary side hand on the short shaft at the grommet, support side hand holds the short shaft near the butt and the long shaft is resting beneath the primary side forearm.
 - 2. Strike from the Lower Cradle
 - a. Baton shaft is repositioned from under primary side forearm to the upper cradle position as student steps out with support side foot to open hips, rotate hips, establish firm, two handed grip on baton.
 - b. Strike approved target location.
 - c. Do not swing baton through target; strike target and return to ready position, reassess, strike again if necessary.
 - 3. Practical Exercise
 - a. Instructor will demonstrate proper striking technique.
 - b. Students will demonstrate proper striking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
 - 4. Blocks from Lower Cradle
 - a. Overhead, primary side swinging attack, support side swinging attack, punches, kicks.
 - b. After block, follow through with strike if appropriate.
 - c. Return to the ready position and reassess.
 - 5. Practical Exercise
 - a. Instructor will demonstrate proper technique for each block.
 - b. Students will demonstrate proper blocking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
- iii. Low Defense

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1. Stance / Grip
 - a. Fighting stance with support side foot forward, primary side foot back.
 - b. Feet shoulder width apart with primary side heel even with heel of support side foot.
 - c. Baton is held with primary side hand at the grommet with palm facing inboard, support side hand holds the shaft near the tip with palm facing outboard, and both arms extended, allowing baton to rest along thighs.
2. Strike from Low Defense
 - a. Baton is brought up towards upper cradle position as support side hand repositions to two hand grip.
 - b. Strike approved target location.
 - c. Do not swing baton through target; strike target and return to the ready position, reassess, strike again if necessary.
3. Practical Exercise
 - a. Instructor will demonstrate proper striking technique.
 - b. Students will demonstrate proper striking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
4. Blocks from Low Defense
 - a. Overhead, primary side swinging attack, support side swinging attack, punches, kicks.
 - b. After block, follow through with strike if appropriate.
 - c. Return to the ready position and reassess.
5. Practical Exercise
 - a. Instructor will demonstrate proper technique for each block.
 - b. Students will demonstrate proper blocking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.

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6. Practical Exercise / Overview

- a. Utilizing the straight baton and a striking bag, students will demonstrate proper technique at the direction of the instructor.
- b. This practical exercise will progress through the different carry positions, including strikes, blocks and counter strikes at the direction of the instructor.
- c. Students will be evaluated on their performance in several areas including, proper form, maintaining balance, proper footwork, etc.
- d. Conduct remediation as necessary.

VIII. Side-Handle Baton / PR-24

A. Nomenclature

- i. Short shaft, handle (aka yawara handle), long shaft, butt, tip.

B. Carry Positions

i. Upper Cradle

1. Stance / Grip

- a. Fighting stance with support side foot forward, primary side foot back.
- b. Feet shoulder width apart with primary side heel even with heel of support side foot.
- c. Baton is held with primary side hand grasping the handle, support side hand holds the short shaft near the butt of the baton.
- d. The long shaft rests on the primary side forearm.

2. Strike from the Upper Cradle

- a. Step out with support side foot to open hips, rotate hips, and drive the baton handle towards the target with the primary side hand.
- b. Strike approved target location.
- c. Do not swing baton through target; strike target and return to the ready position, reassess, strike again if necessary.

3. Practical Exercise

- a. Instructor will demonstrate proper striking technique.

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- b. Students will demonstrate proper striking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
 - 4. Blocks from Upper Cradle
 - a. Overhead, primary side swinging attack, support side swinging attack, punches, kicks.
 - b. After block, follow through with strike if appropriate.
 - c. Return to the ready position and reassess.
 - 5. Practical Exercise
 - a. Instructor will demonstrate proper technique for each block.
 - b. Students will demonstrate proper blocking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
 - ii. Lower Cradle
 - 1. Stance / Grip
 - a. Fighting stance with support side foot forward, primary side foot back.
 - b. Feet shoulder width apart with primary side heel even with heel of support side foot.
 - c. Baton is held with primary side hand grasping the handle, support side hand holds the short shaft near the butt of the baton.
 - d. The long shaft rests under the primary side forearm.
 - 2. Strike from the Lower Cradle
 - a. Baton shaft is repositioned from under primary side forearm as student steps out with support side foot to open hips and drive the baton handle towards the target with the primary side hand.
 - b. Strike approved target location.

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- c. Do not swing baton through target; strike target and return to the ready position, reassess, strike again if necessary.
 - 3. Practical Exercise
 - a. Instructor will demonstrate proper striking technique.
 - b. Students will demonstrate proper striking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
 - 4. Blocks from Lower Cradle
 - a. Overhead, primary side swinging attack, support side swinging attack, punches, kicks.
 - b. After block, follow through with strike if appropriate.
 - c. Return to the ready position and reassess.
 - 5. Practical Exercise
 - a. Instructor will demonstrate proper blocking technique for each block.
 - b. Students will demonstrate proper blocking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
- iii. Low Defense
 - 1. Stance / Grip
 - a. Fighting stance with support side foot forward, primary side foot back.
 - b. Feet shoulder width apart with primary side heel even with heel of support side foot.
 - c. Baton is held with primary side hand on the handle, support side hand is holding the long shaft, toward the tip with palm outboard, holding the baton parallel to the ground.
 - 2. Strike from Low Defense
 - a. Baton is brought up towards upper cradle position as support side hand repositions to two hand grip.

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- b. Strike approved target location.
 - c. Do not swing baton through target; strike target and return to the ready position, reassess, strike again if necessary.
3. Practical Exercise
- a. Instructor will demonstrate proper striking technique.
 - b. Students will demonstrate proper striking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
4. Blocks from Low Defense
- a. Overhead, primary side swinging attack, support side swinging attack, punches, kicks.
 - b. After block, follow through with strike if appropriate.
 - c. Return to the ready position and reassess.
5. Practical Exercise
- a. Instructor will demonstrate proper technique for each block.
 - b. Students will demonstrate proper blocking technique at the direction of the instructor “by the numbers.”
 - c. Instructor will observe as students demonstrate proper technique at their own pace at the direction of the instructor.
6. Practical Exercise / Overview
- a. Utilizing the expandable baton and the striking bag, students will demonstrate proper technique.
 - b. Exercise will progress through the different carry positions, including strikes, blocks to strikes at the direction of the instructor.
 - c. Students will be evaluated on their performance in several areas including, proper form, maintaining balance, proper footwork, etc.
 - d. Conduct remediation as necessary.

IX. Conclusion

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- A. Debrief training.
- B. Complete course evaluations.
- C. Determine if any injuries were sustained, document as necessary.
- D. Conduct any additional remedial training if necessary.